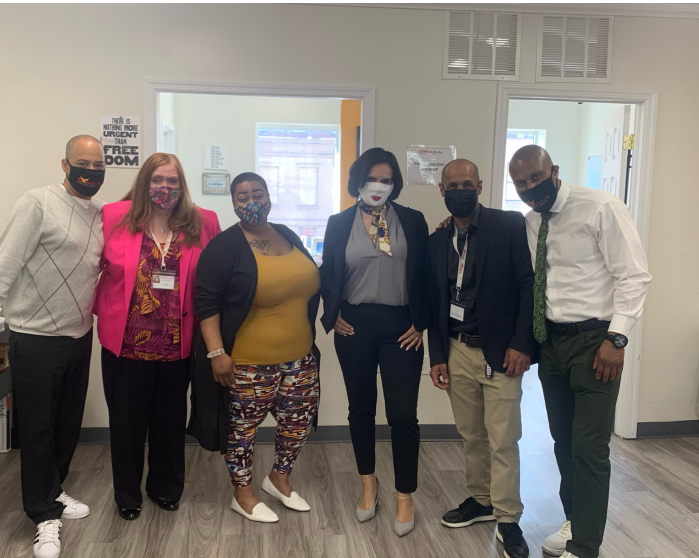


MEET THE TEAM



LOCATION

ATI Center
2275 Third Ave.
New York, NY 10035

OFFICE HOURS

SUN CLOSED
MON 10 AM - 6 PM
TUES 10 AM - 6 PM
WED 10 AM - 6 PM
THRS 10 AM - 6 PM
FRI 10 AM - 6 PM

MORE INFORMATION

Carmen Arroyo, Senior Director of ATI

carroyo@etcny.org

(646) 264-8948

Johnny Jara, Court Advocate

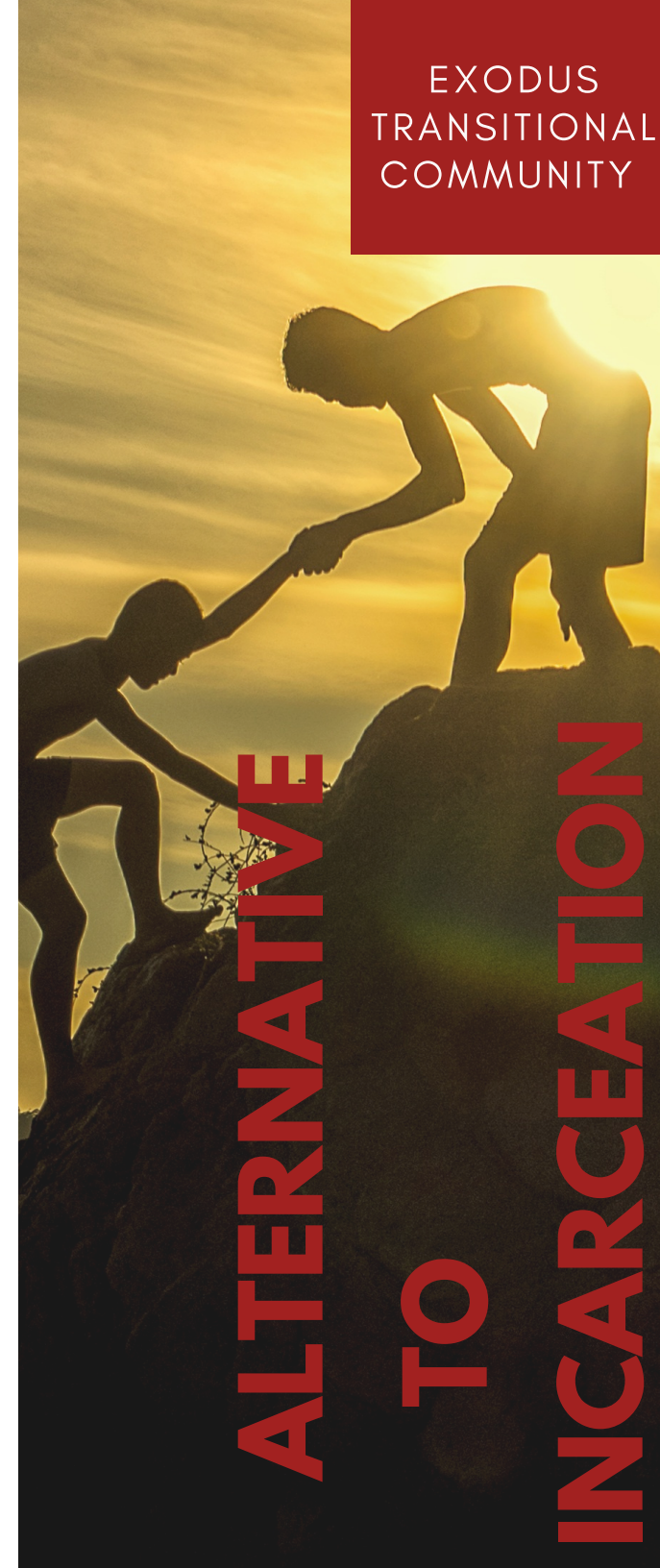
JJarao@etcny.org

(212) 542-0647

MISSION

With a firm belief in human resilience, Exodus Transitional Community delivers innovative programming tailored to adults and youth affected by the justice system, and advocates for a society in which all can achieve social, economic and spiritual well-being.

EXODUS
TRANSITIONAL
COMMUNITY



ALTERNATIVE
TO
INCARCEATION

YOU ARE
MORE
THAN
YOUR
WORST
MISTAKE

Programs

Transformative Mentoring

This 24 week program is grounded in the *Sanctuary Curriculum -S.E.L.F-* that covers the four interaction domains fundamental to all healing: Safety, Emotional Management, Loss, and Future. Participants learn what it means to feel safe, the role that adversity in childhood plays in making them feel unsafe, the brain basics of trauma, and how to identifying personal areas of improvement. Restorative justice is practiced through the use of healing circles.

Ongoing Case Management

Participants will be supported through weekly case management sessions facilitated by Case Managers trained in Motivational Interviewing.

Cognitive Behavioral Intervention (CBI) Groups

Participants may enroll into one or more of the following: Moral-Recognition Therapy (MRT), Interactive Journaling, Seeking Safety, Coping Skills, Identifying and Overcoming Triggers, Health Education, (SAMHSA) Anger Management, and groups tailored to exploring what spirituality means to participants who express an interest in spiritual groups and development.

Workforce Development

Participants will have an opportunity to complete Exodus' 2 week, soft skills job readiness workshops, The Wilderness Workshops, which teaches change is possible. Participants learn how to create a resume, participate in mock interview sessions, engage in role playing activities around on the job de-escalation techniques, devise a budget and receive an introductory course in banking. Participants who complete the workshop will receive job placement and retention support from our Job Developers and Case Managers.

Civic Engagement

This 12-24 week program teaches participants how to be civically engaged. Sessions focus on the history of disenfranchisement in America, Black Wall Street, and Know Your Rights workshops and voter registration.

Leadership Development Workshops

This 12-24 week program is designed to assist participants develop leadership skills. Sessions focus on self reflection, collective leadership, responsibility and communication.

Integrated Behavioral Health Center

Participants with clinical needs track will be enrolled in our OASAS-licensed Integrated Behavioral Health Center. Participants will complete individual counseling sessions and group sessions, which may include: Coping Skills, Identifying and Overcoming Triggers, and Relapse Prevention that uses *Stages of Change and Thinking for a Change* curriculum. Exodus' on-site medical staff can provide Medication Assisted Treatment (MAT) as well.

Center for Trauma Innovation(CTI)

Our new Center for Trauma Innovation will offer and serve as trauma-focused therapy center in East Harlem. At CTI we will offer both clinical and nontraditional therapies that focus on interrupting cycles of violence and provide critical resources.

Participant have access to the Center for Truman Innovation.